

MACHINE LEARNING ASSISTED HEALTHCARE MONITORING APPROACH TO DIAGNOSE DIFFERENT HEART DISEASES

#### Kavyashree Nagarajaiah

Assistant Professor, Department of MCA, Sri Siddhartha Institute of Technology, Tumkur, Karnataka, India

#### Abstract

Around 18 million people die from coronary illnesses yearly, and the number of deaths keeps increasing as the population ages. Just before a heart attack is imminent, effective treatment of cardiac patients depends on the precise prognosis of heart problems. This objective may be accomplished using the deep learning model and comprehensive healthcare statistics on cardiac illnesses. SeveralMachine Learning (ML)-based methods for predicting and diagnosing cardiac disease have been introduced. However, since no intelligent architecture can utilize multiple data sources to forecast cardiac disease, these systems cannot manage wide databases. In contrast to cloud domains, the emerging principles of fog and computing capabilities offer less delay and energy-efficient approaches to data handling by bringing resources near the user. For combining ensemble deep learning in Edge computing Devices (ECD) and deploying it for a practical application of automated Heart Disease Diagnosis (HDD), a novel framework called Deep Learning, and Fog-assisted Healthcare Monitoring Approach (DLF-HMA) has been developed. The feature synthesis approach first merges the derived features from wearable sensors with electronically stored medical records to create useful health information. Second, by removing the unwanted and redundant characteristics and choosing the most crucial ones, the information gain approach minimizes the computational load and improves system efficiency. The ensemble deep learning model is then trained to predict and diagnose heart disease. Using Internet of Things (IoT) devices, DLF-HMA provides healthcare as a fog service and effectively handles health information for heart patients that users request. The suggested model's energy utilization, network throughput, delay, jitter, precision, and processing time have all been examined.

**Keywords:**Deep learning, Fog computing, Edge devices, Heart disease, Healthcare monitoring, Internet of Things.

# 1. Introduction to heart diseases and machine learning-assisted healthcare monitoring.

Cardiac disorders are non-communicable illnesses that have been more prevalent among the aging population over the past 25 years and are burdensome for patients and their families [1]. Only with the convenience, reliability, and effectiveness, they provide to the medical system are advanced techniques becoming more widely accepted. The elderly reside alone in residences where they require assistance with at least some task, their health, their movement,



or their care. The demands of this age group must be met by services that offer positive assistance due to the growing elderly population and the requirement for elevated elderly care. The distinction between personal wellness and wearable diagnostic products is becoming indistinct due to rising consumer preferences for wearable technology [2].

These gadgets gain even more value by including additional cutting-edge methods for goal planning. They also provide gamified prizes for reaching wellness goals throughout therapy and participatory support networks. Implementing computer technology encourages, engages, and rewards users, making national healthcare possible [3]. With various health services, personal gadgets and components, intelligent garments linked to infrastructures, the Web, and cloud resources, lifestyles and digitalization are now interconnected where devices interact. With the help of these technologies, houses are becoming "medically intelligent," enabling patients to share information, adjust accordingly to better their wellness, and have a support system for managing their daily routines [4].

Since the fifth century, myocardial distension has been a common medical procedure. At first, sonography was carried out by pressing the person's chest with the ear. The stethoscope was created in 1816 by Laennec, who also made it possible to analyze heart sounds. Despite technological advancements and the development of alternative testing techniques, distension still plays a key role in non-invasive medical assessment today [5]. Cardiovascular distension is a skill that requires practice and expertise on the part of the practitioner, and detecting heart abnormalities relies heavily on their medical knowledge. Health practitioners can identify the features of cardiovascular rhythms by using a computer solution that has scope for signal collecting, synthesis, and assessment [6].

Numerous healthcare information on current applications has been created to give accuracy rates, empirical evaluation, machine-based classifications, and analytics, and observe patient states due to the fast adoption of new technologies and interconnected networks. The medical industry deals with great problems and difficulties due to diverse illness characteristics, patient preferences and economic challenges, and the growing aging population [7]. The patient's body processes, stress, behavior, psychological and social effects, and distress are a few examples of the myriad health issues and causes dispersed throughout the multiple levels and in indirect ways. Numerous medical terminologies chosen for quantitative reasoning make it challenging to retrieve the essential data [8].

Having a plethora of medical information comes with many problems and difficulties. The healthcare industry has embraced various ML techniques for making recommendations. However, numerous issues still need to be resolved that cause this field to be intricate, temporally dependent, erratic, and sparse [9–10]. DL methodologies, particularly for pervasive supported living, have not yet been thoroughly studied in application scenarios. DL approaches are beneficial for improved functional values, connectivity, pattern recognition, and complicated and multi-modality information processing.

The key concepts provided by this paper are as follows:

- The feature synthesis technique combines electronically recorded medical information with the traits that can be extracted from wearable sensors.
- The information gain technique eliminates unnecessary and redundant features and selects the most important ones, which reduces the computational burden and boosts system efficiency.

- The ensemble deep learning model is then trained to forecast and diagnose cardiac problems.
- Using Internet of Things (IoT) devices, DLF-HMA successfully manages user requests for health information on heart patients and offers healthcare as a fog service.

The rest of the paper has been organized: Section 2 describes related research on ML and DL with fog computing for heart disease prediction and diagnosis. Section 3 provides a novel framework called Deep Learning and Fog-assisted Healthcare Monitoring Approach (DLF-HMA). Results and discussion has been given in section 4. Finally, the conclusion, limitations, and scope for further research have been shown in section 5.

## 2. Related works on machine learning in healthcare

New technological advancements have transformed conventional health services into new sophisticated conscience solutions. Tiny, wearable gadgets have been employed to communicate, manage, and gather patient records for a healthier life [11]. Internet access, detectors, tracking devices, technologies, analyzers, telecommunication connectivity, compact battery, and a clock or monitor are all features of self-monitoring gadgets. These gadgets have become increasingly popular because of their light, portable design and clever operations. Mobile phones, smart wearables, and bands are among the most prevalent conscience gadgets. These units contain well-designed software and applications that gather and assess patient records utilizing physiological parameters. Most self-monitoring peripherals are disposable, transportable, compact in size, wearable, and invasive [12].

These gadgets contain a variety of sensing units that are equipped with mounting mechanisms for the body. These conscience gadgets have alerted individuals to observe events [13]. Another kind of self-monitoring gadgetis deployable sensors, which are positioned according to utilization. These gadgets can communicate with other devices and are situated close to individuals. The dimensions, power consumption, and computational capability of these gadgets have not been constrained [14]. Baca-Motes et al. [15] concentrated on using portable home-based tracking devices to recognize cardiac events such as arrhythmia early to increase possibilities for efficient and affordable testing for lesser ancillary deaths and illnesses and improve health outcomes.

According to the research [16], wireless wearable information technologies like implantable devices, detectors, and mobile phones are being used for remote digital surveillance, enabling the creation of an increasingly effective system for ongoing virtual healthcare that gives patients independence and control over their wellbeing. The main topic of this article is the inclusion of technology to enhance the patient's perception by lowering expenses and improving treatment quality. In [17], the researchers evaluated the benefits of mobile healthcare applications like Happy Heart, which encourages the involvement of patients in the conscience monitoring of blood pressure and lays the groundwork for heart disorders on the levels of care, individual happiness, and health expenditures.

The authors suggested a DL method for identifying and classifying from the person's electronic medical record [18]. In this method, characteristics and forecasts have been extracted using a Conventional Neural Network (CNN). The inner surface is used to obtain the traits, while the initial layer relies on clinical documentation arrays. The top layer is intended for forecasting,

whereas the middle stage contains maximum sharing for sparseness on identified traits. The researchers of [19] suggested the nine-layer identification identify heart rhythm in a CNN-based network. There are several different heartbeats, including quasi, ventricular, supraventricular, union, and unidentified rhythms. Several studies have been performed on noisy samples and records with high-frequency distortion eliminated using filters.

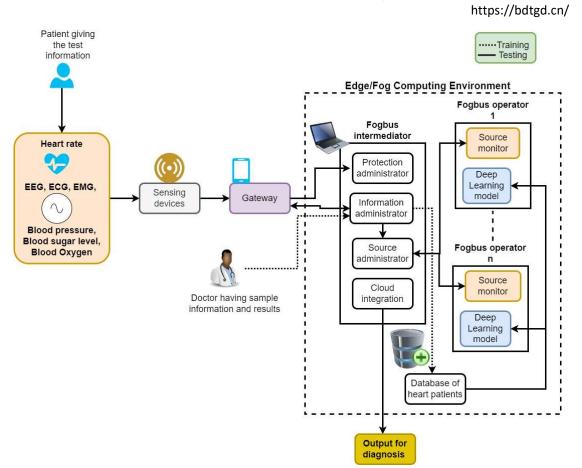
An atrial dataset has been employed based on ECG signals obtained from the Massachusetts Institute of Technology-Beth Israel Hospital (MIT-BIH). The researchers in [20] published a DL method for cardiac disease diagnosis utilizing ECG signal analysis. Cardiac abnormalities are swiftly categorized using DL. The final architecture of the suggested method, as opposed to manual edge detection, is yet another advantage. The authors demonstrated the health surveillance system utilizing wireless sensor networking to analyze patients and senior medical people residing in ambient-supported environments [21]. By using wearable and implantable gadgets, this service enables the surveillance of chronic conditions, including cardiac arrest and cardiovascular disorders.

Authors in [22] described a strategy that uses several co-signals and DL networks. Support Vector Machine (SVM) is used in this system in which the information is split into equal-length time frames. The focusing characteristics are then categorized once the features have been removed. The authors of [23] presented a methodology built on wearable technology, artificial intelligence, and IoT devices. The study analyzed the crucial cardiac signals and then created an app-based cardiac care approach that relies on these parameters. These cardiovascular impulses make up sophisticated and reliable extracted features for identifying various heart anomalies. The researchers presented a fog-based IoT approach for cardiac patients living in remote areas [24]. This system classified the eight primary coronary categories, which ranged from high blood pressure indications to diastolic dysfunction, using DL techniques for illness forecasting.

Touse these ports' advantageous location at the network's edge and offer various services, including integrated data gathering, real-time local information processing, and file access, Rahmani et al. [25] created a system named the Smart e-Health Portal. By establishing a spatial, interim level of cognition between the cloud and the edge devices, it also spreads the load of the sensing devices, improving reliability, power efficiency, and extensibility. Additionally, mobile software for IoT-based Alert systems (IAS) patient care is used to assess the suggested approach. The recommended DLF-HMA framework, which builds on previous work, has the added benefit of utilizing decentralized DL models cooperatively to improve the accuracy rate further and deliver better and more detailed findings for patients with acute heart diseases.

#### 3. Deep Learning and Fog-assisted Healthcare Monitoring Approach (DLF-HMA)

The DLF-HMA is a cloud-based computing platform for health that is IoT-based and fogassisted. It can efficiently handle the information of patients with heart disease and assess each patient's physiological state to determine the degree of heart disease. DLF-HMA enables organized and smooth interconnection of Network Edge and fog/cloud infrastructure for quick and precise findings by integrating various physical devices with software solutions.



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Fig. 1 DLF-HMA framework for the prediction and HDD

Fig. 1 depicts the DLF-HMA framework for the prediction and HDD. The electronic elements that make up the DLF-HMA prototype are as follows:

Sensing Devices: This element consists of three main sensors: action, ambient, and healthcare. The electrocardiogram (ECG), electroencephalogram (EEG), electromyography (EMG), oxygen content, temperature, breathing rate, and blood-sugar detectors are examples of healthcare data. This element gathers information from heart patients and transmits it to bridge units nearby.

Gateway: Cellphones, laptops, and tablets are three distinct gateway gadgets that act as a cloud unit to gather perceived information from various sensors and send this information to Intermediator/Operator nodes for subsequent operations.

Cloud and ECD: The following components make up the FogBus structure:

(a) The intermediary node: This part is the one that the gateway units use to send the task requests and enter information. Before data transmission, the requested input unit accepts work requests from Gateway units. The protection administration module enables a secure connection between various elements and safeguards the information recorded against illegal access or harmful data manipulation to increase system trust and integrity. The source administrator in the intermediary node's arbitral proceedings uses the workload data of each operational node as input to choose which network or selection of nodes to deliver work instantaneously.

(b) Operator node: This part executes duties assigned by the Intermediator node's source administration. Microcomputers like the Raspberry Pi and embedded devices can be used as

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operator nodes. Operator nodes in DLF-HMA can include complex DL models that process and interpret model parameters and provide outcomes. The operator node may also have additional parts for information processing, retrieval, pattern matching, Big Data analytics, and archiving. The operator nodes create outcomes and exchange them with the gateway units immediately after receiving model parameters from them. The intermediator node can act as an operator node in the DLF-HMA architecture.

(c) Cloud Information Center (CIC): DLF-HMA utilizes the services of CIC when the cloud architecture becomes overwhelmed, applications are delay sensitive, or the raw data volume is much bigger than the typical size. As a result, it is more durable, fast to handle huge workloads, and geographically agnostic while analyzing information.

The relevant software elements that make up the DLF-HMA framework are as follows:

Source Administrator: The operator load management and adjudication elements make up this. The workload management maintains the work requisition and work queues for information processing. Additionally, it manages large amounts of information that must be handled. The work management maintains and queues jobs, while the adjudication unit allocates the supplied cloud or fog services for executing those jobs. The Intermediator node's adjudication unit determines whether the information should be passed to the intermediator, the Fog controller node, or the CIC to acquire the findings.

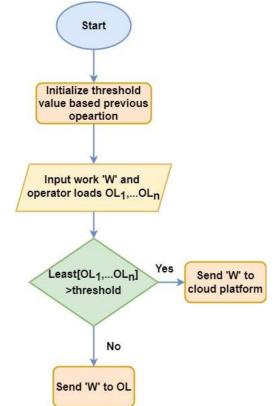


Fig. 2 Source scheduling in DLF-HMA framework for HDD.

Fig. 2 shows the flowchart of source scheduling in the DLF-HMA framework for HDD. To regulate workload and ensure optimal functionality, the fundamental objective is to split duties across multiple devices. DLF-HMA enables users to define their scheduler and adjudication systems based on the application's demands. Threshold values have been initialized based on



previous work operations. Now, work W, and the operator loads  $[OL_1, OL_2 \dots \dots OL_n]$  has been given as input. If the  $least[OL_1, OL_2 \dots \dots OL_n] > threshold$ , then send work W to the cloud platform, else send work W to the OL.

DL Module: In this subsystem, selected features acquired after pre-processing the input from the sensing devices are used to teach a neural network to categorize records. It also anticipates and provides results for the information recorded from the gateway units based on the work assigned by the source administrator. It also predicts and delivers results for the data recorded from the gateway units based on the work set by the source administrator.

Ensemble module: The assembling module employs polling to determine the outcome category, whether the individual has cardiovascular diseases, after receiving classification accuracies from many models. This unit is located in the FogBus node that is given the duty and is in charge of disseminating information and gathering feedback from other operator nodes.

Data gathering, data transformation, extraction of features, data preparation, and illness predictions and recommendations are the four sequential levels that make up the architecture of the suggested DLF-HMA. The subsequent subsections offer a brief discussion of these strata.

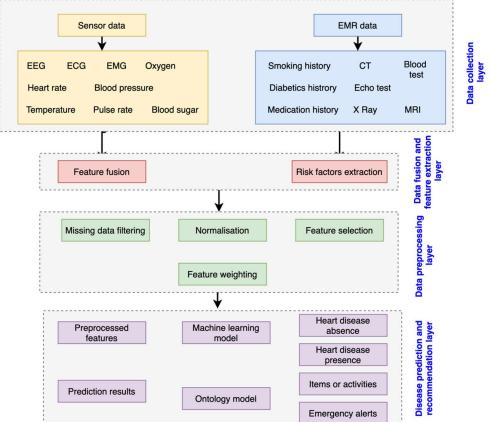


Fig. 3. The layered architecture of the suggested DLF-HMA model

The layered architecture of the suggested DLF-HMA model is shown in Fig. 3. The architecture consists of four layers: the data collection layer, data fusion, feature selection layer, data preprocessing layer, and disease prediction and recommendation layer. This architecture will use deep learning models and patients' medical and healthcare records history to find the heart disease status.

## 3.1. Data collection layer

Patient biological information and medical records are two separate forms of data that the suggested DLF-HMA takes into account for heart disease predictions. Sensing devices are used to capture patient biological information. The biological data are collected using healthcare and activity detectors, two different types. A respiratory rate detector, an oxygen concentration detector, a blood pressure detector, a glucose concentration detector, a temperature detector, an EMG detector, an EEG detector, and an ECG detector are examples of medical sensors. These are tethered to the patient's body and continuously collect biomedical signals.A smartwatch is also used to record pulse rate and physical activity. The patient's physical activity is an important data source for heart disease prognosis. This methodology transfers physiological information to a personal repository to study cardiac conditions via connected devices.

## 3.2. Feature extraction and data fusion layer

This section details the process of extracting features from unstructured information and formatting the extracted features. The information fusion approach for heart disease forecasting is then presented in detail.

## 3.2.1. Risk extraction

The research uses a different module, the extracting component, to extract data from unorganized Electrical Medical Records (EMRs). To find and remove risk variables associated with heart disease, the unorganized EMR is sent to the extracting component. The organized extraction and categorized extracting submodules make up this component. If values are currently present in an organized manner, the system retrieves components via managed extraction. For instance, the system collects information from structured variables for age, elevation, pulse rate, sexuality, blood pressure, and Body Mass Index (BMI). The system recovers risk components in categorizing extraction when values are found in various classes. A rules-based algorithm and text-mining approaches are used to retrieve these elements. There are three basic processes in the text mining process. To determine the derivation of each word, morphology and tokenizing techniques are used for all unorganized information in the first stage. Tokenization is the following stage, which divides complicated, messy material into manageable portions. In the third stage, risk variables are extracted using N-gram techniques. 3.2.2. Feature fusion layer

Fusion combines data from several sources to provide more useful and pertinent data for categorization. The data, feature, and decision stages are the three fusing stages. Data-level fusion integrates various data from disparate sources that are similar. Data fusion may be divided into decision stage and feature stage categories. The optimum collection of features for forecasting is assembled at the feature stage by independently retrieving characteristics from several databases and merging them. The judgments of numerous processes are taken into account at the decision stage to improve the system's reliability. Data-level fusion typically involves many duplicated data, making it undesirable. On the other hand, the feature stage has enough data to determine the illness risk. Both data-level and feature-level fusing are carried out in the suggested approach.

#### 3.3. Data pre-processing

The most important step before implementing ML techniques is data pretreatment. Since real information is frequently noisy, insufficient, and unreliable, it cannot be used effectively in

forecasting. As a result, a pre-processing phase is used to properly describe the information for heart disease predictions. Filtering for incomplete information, standardization, extraction of features, and feature weighing are all data preparation components.

#### 3.3.1. Missing-data filtering

Data from EMRs and wearable detectors' information contain worthless and inaccurate information. Signal aberrations, such as information loss and noise, taint wearable-sensor information for heart disease prediction, reducing prediction reliability or producing erroneous results. Additionally, when an EMR's data extraction does not yield at least one value, it is assumed to be incorrect. Due to text analysis tools' inability to identify a value or because the values weren't captured, material in the retrieved information could have been overlooked. The first filtration, which has a maximum variation of 90%, eliminates superfluous features. The second filtration uses the following calculation to use common and average values from the current information to restore any incomplete data in the organized dataset. The unorganised data is shown in Equation (1).

$$\bar{X}_{CT}(k) = \frac{1}{M} \sum_{i=0}^{M} X_{CT}(i)$$
(1)

Attributes such as X= "age," "cholesterol," "gender," "pulse rate,"....., "CAD experience," "medical history," and a classification level such that CT(k)="0, 1, 2, to M" correspondingly. The pattern identifier, ith pattern, and average feature X under group CT(k) are also provided. 3.3.2. Normalization

The heart disease database D(k) has various characteristics, including a separate set of numerical quantities, making calculation more challenging. As a result, a normalizing approach is utilized to reduce the numerical complexities of the heart disease forecasting calculation and normalize database D(k) in the domain between zero and 1. Information standardization may be achieved using a variety of techniques. The well-known min-max normalizing approach is applied in the suggested system. This approach maps a quantitative score of the initial database D(k) into  $DV_{std}$  within the range [0, 1]. The standardized database value is denoted in Equation (2).

$$DV_{std} = \frac{D(k) - DV_{min}}{DV_{max} - DV_{min}} \times (Max_{x+1} - Min_{x+1})$$
<sup>(2)</sup>

In the complete dataset,  $DV_{std}$ , D(k),  $DV_{min}$  and  $DV_{max}$  represent the standardized information value, initial data valuation, limited data value, and highest information value, correspondingly.  $Max_{x+1}$  and  $Min_{x+1}$  denote the range of the transformed dataset.

3.3.3. Data gain-based feature selection

The majority of the time, patient data contain several irrelevant details that compromise predictive performance. Nevertheless, it is difficult to accurately forecast cardiac disease with a few variables, extract important data from medical data, and reduce noise by removing unnecessary features. It is crucial to eliminate erroneous data, choose helpful characteristics that contribute to reliable outcomes, and lower the richness and dimensions of the database before using any forecasting models.Selecting features is crucial to increase data clarity and shorten ensemble machine learning system training times. The algorithm can learn about particular issues depending on how important certain features are in the database. The suggested method chooses characteristics that gauge relevance following the categorization job by utilizing IG. Entropy is used in the proposed model to gauge system unpredictability. It determines the variance between the pre and post-entropies of two given separate parameters,



I and J. The guage value is expressed in Equation (3).

$$IG(I|J) = H(I) - H(I|J)$$
(3)  
The entropy is denoted  $H(I)$ , and the partial entropy is expressed  $H(I|J)$ . When I and J are

discrete randomized parameters, Equation (4) calculates the prior entropy of component I.  

$$H(I) = -\sum_{k=0}^{N} P(I_k) \log_2(P(I_k))$$
(4)

where  $P(I_k)$  stands for the  $I_k$ 's prior probabilities. Using Equation (5), the conditioned entropy of I may be determined after post-entropy J is known.

 $H(I|J) = -\sum_{k=0}^{N} P(J_k) \log_2(P(I|J_k)) = -\sum_{l=0}^{N} P(J_l) \sum_{k=0}^{N} P(I_l|J_k) \log_2(P(I_l|J_k))$ (5) The probability of the data  $I_k$  is expressed  $P(I_k)$ , and for the  $J_k$  is denoted  $P(J_k)$ . The conditional probability between the medical data is expressed as  $P(I_l|J_k)$ . Equations (4) and (5) may be used to calculate the IG, as illustrated in Equation (6).

$$IG(I|J) = -\sum_{k=0}^{N} P(I_k) \log_2(P(I_k)) = -\sum_{l=0}^{N} P(J_l) \sum_{k=0}^{N} P(I_l|J_k) \log_2(P(I_l|J_k))$$
(6)

The probability of the data  $I_k$  is denoted  $P(I_k)$ , and for the  $J_k$  is expressed  $P(J_k)$ . The conditional probability between the medical data is denoted as  $P(I_l|J_k)$ . The suggested method calculates the significance of each characteristic in predicting heart disease. After calculating the IG for each attribute, this approach removes the least significant characteristics. It eliminates features by removing a single feature until the efficiency drop is reversed.

3.3.4. Conditional probabilities-based feature weighting

Feature weighing is a technique for giving each feature a weight depending on the importance of that feature. Contrary to the attribute selection approach, it does not leave any redundant or pointless features in the training sample. Several techniques have been used for feature weighing, including the analytical hierarchy approach and rules-based weighing. The overall weight of the characteristic, which is what these techniques term the weight assigned to each characteristic, is the same for all categories. In generalized feature weighing, the relevance of each characteristic for each category is first assessed. The next step is to determine the overall feature importance for each class using the maximizing and summation methods.Let there be n feature parameters,  $F_1, F_2, \dots, F_n$ . The instance denoted by feature vectors  $f_1, f_2, \dots, f_n$  is known as  $P_k$ , where  $f_k$  is the magnitude of  $F_k$ . Equation (7) can calculate the particular feature weighting for  $P_k$ .

$$W_{x,f_x} = \sum_{k=0}^{N} P(k|f_x) \log\left(\frac{P(k|f_x)}{P(k)}\right)$$
(7)

where, k and  $W_{x,f_x}$ , correspondingly, stands for the category constant value and the specific weight of feature point  $f_x$ . When a separate weight is given to each feature point, the value of  $W_{x,f_x}$  is connected to selected attribute  $f_x$ . The spectrum of  $W_{x,f_x}$ , which indicates the significance of feature valueto predict heart disease, is from zero to one. This method can transform the results of the heart disease aspects into a more comprehensible form. Getting these weights for attribute values is mostly done so that you may utilize them as starting weights in a deep-learning model to get better forecasting outcomes.

3.4. Disease prediction and recommendation layer

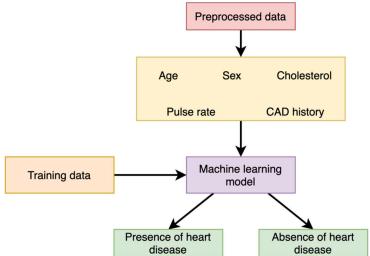
This section looks at the ontology-based recommending method after presenting the ensemble deep learning algorithm for predicting heart disease.

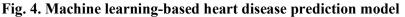
3.4.1. Ensemble machine learning model for heart disease prediction

The ensemble machine learning algorithm is located in the fourth stage of the suggestedDLF-



HMA, where the architecture is conceived. For the binary categorization of cardiac disorders, this approach is a feed-forward structure that usesback-propagating and gradient methods. As a meta-learning classification, the researchers used the boosting technique LogitBoost to help the deep learning structure reach good precision. The boosting method is superior to the AdaBoost technique for managing noisy data. Its goal is to improve classification effectiveness by lowering bias and variation.





The machine learning-based heart disease prediction model is shown in Fig. 4. The preprocessed data is used to classify the age, sex, cholesterol, pulse rate, and other details of the patient. The trained data is used to compare in a machine learning model to predict whether the patient has heart disease. The fully linked hidden level with 20 nodes used in the suggested study yields reliable performance. A neural networking structure is given the properties using the input data. The three hidden levels then receive these properties by increasing their associated weights by numbers. To process the model parameters in the concealed layer networks, the weighted total is computed, and bias is introduced, as stated in Equation (8):  $IN_y = \sum_{x=0}^{N} i_x W_{xy} + b_y$  (8)

 $i_x$ ,  $W_{xy}$ , and  $b_y$ stand for the data input, the weighting between nodes, and the biases. When adopting the Rectified Linear Unit (ReLU) activation feature, the ensemble machine learning algorithm frequently considers many dead neurons, which impacts the output. Utilizing the leaky ReLU activation feature, this component is simulated. When x <0, the leaking ReLU has a negative slope of 0.01, which results in a leak and broadens the spectrum of the ReLU. To transform the InfoNet*IN<sub>y</sub>*, a leaking ReLU with the form is used in Equation (9).

(9)

$$f(IN_{v}) = \max(0, IN_{v})$$

The InfoNet is denoted  $IN_y$ . The outputting nodes then receive the translated data to forecast cardiac problems. Two nodes make up the size of the output level, which reflects the outcomes of binary categorization (either having heart illness or not having heart disease). With a set of starting weights applied to each input data, the machine learning procedure got underway. Then, the error between the real and expected output is reduced using the backpropagation technique. The weights are modified using Equation (10) when training the machine learning.



$$\nabla w_{xy} = -\frac{\beta \partial E}{\partial w_{xy}} \tag{10}$$

The weight is denoted W, E stands for the error, Equation (11) determines, and  $\beta$  stands for the learning speed, also known as a positive variable.

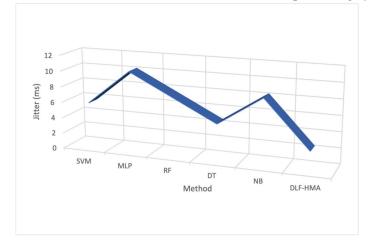
$$E_n = \frac{1}{2} \sum_{k=0}^{N} \sum_{l=0}^{M} (T_x - Y_x)^2$$
(11)

where the letters k, l, T, and Y stand for the quantities k samples, l outcomes, t, and y, correspondingly. The output nodes' projected values (N and M) are revisited, and all weighting is adjusted depending on the training mistake. The procedure is replicated until the network achieves the minimum error between the actual and anticipated outputs. This study's suggested deep learning system is trained using the Adam optimization and the training speed with a value of 0.03.

Using patient information, the machine learning algorithm initially predicts cardiac disease. The technology determines the patient's sexuality after making a forecast. This is mostly because recommendations for male and female cardiac patients are varied. Additionally, the method determines the participant's age before choosing the category to which that age belongs (young, adult, old). Depending on the patient's ethnicity, age, and anticipated outcomes, the system suggests a diet or other lifestyle changes. If the retrieved attribute values are too large and the anticipated result is unfavorable, this component will contact rescue teams and emergency responders.

#### 4. Experimental outcomes and findings

The effectiveness of the suggested system is assessed in this part, and the findings are explained. Cleveland and Hungarian heart disease databases were used to evaluate the proposed model. These data points were obtained from the public ML and signal processing library of the University of Californian, Irvine (UCI). Using a number: 1 (present) or 0 to indicate if a patient has cardiac disease, these databases are thought to be useful (absent). There are 303 instances and 76 characteristics in the initial Cleveland database. The investigation determined the client's health status using 14 and 16 markers. The database for Hungary consists of 294 instances and 14 characteristics. Five hundred ninety-sevencases and 14 parts are included in the merged database. It should be noticed that the combination and Hungarian databases both employ 14 elements, but the Cleve-land database was only used independently and had 16 characteristics. A nominal database cannot be utilized with a deep learning system.





#### Fig. 5. Jitter analysis of the DLF-HMA system

The jitter analysis of the DLF-HMA system is shown in Fig. 5. The proposed DLF-HMA results are measured and compared to the existing models such as Support Vector Machine (SVM), Multi-Layer Perception (MLP), Random Forest (RF), Decision Tree (DT), and Naïve Bayes (NB). The jitter is computed as the fluctuations in the end-to-end delay. The DLF-HMA with machine learning reduces the jitter and produces better results. The existing models fail to incorporate larger healthcare data and process them in respect time.

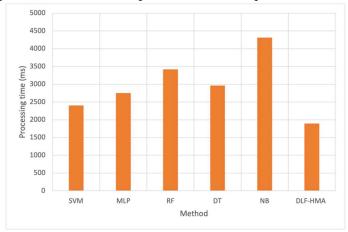
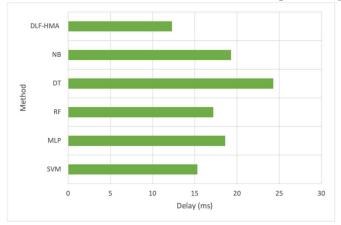
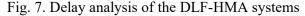


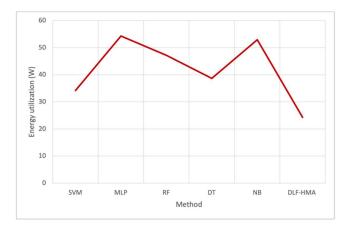
Fig. 6. Processing time analysis of the DLF-HMA system

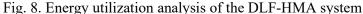
The processing time analysis of the DLF-HMA system is analyzed, and the results of the existing systems are shown in Fig. 6. The processing time is measured as the total time required to process the healthcare data from the database and produce results, such as whether the patient has heart disease or not. The proposed DLF-HMA system with the machine learning model enhances the processing time and shows much less time than all existing models. The accuracy and precision of the model also increase with the decrease in the processing time.





The delay analysis and measurement of the proposed DLF-HMA and the existing models are analyzed, and the results are plotted in Fig. 7. The delay is computed as the total time required for the data packet to reach the destination from the source. The proposed DLF-HMA system with a machine learning algorithm fetches faster the healthcare data and thus reduce the delay. The existing models need to bringmore immediate medical data and thus increase the end-to-end delay. The machine learning model reduces the 15% of overall delay.





The energy utilization analysis of the DLF-HMA system is depicted in Fig. 8. The energy consumed by the IoT devices in accessing and processing the healthcare data of the patient is denoted energy utilization. The proposed DLF-HMA system outperforms the existing models by consuming less energy to access data and process the same information. The healthcare data is accessed using EEG, ECG, blood pressure, sugar, and other medical records. The combined results produce a better prediction of heart disease.

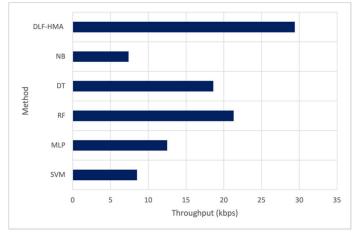


Fig. 9. Throughput analysis of the DLF-HMA system

The throughput analysis of the DLF-HMA system is measured, and the results are plotted in Fig. 9. The throughput is calculated as the total number of packets transmitted or received per time in the IoT node to transfer the medical and healthcare data of the patients from the cloud. The proposed DLF-HMA system with a machine learning model enhances the throughput; thus, the overall system performance in the cloud also increases. The higher throughput leads to lesser delay and latency.

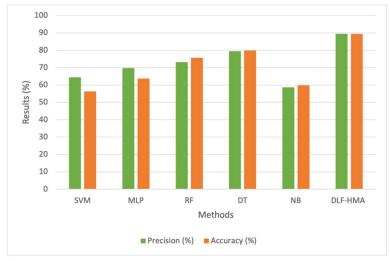


Fig. 10. Accuracy and precision analysis of the DLF-HMA system

The accuracy and precision analysis of the DLF-HMA system is measured, and the results are plotted in Fig. 10. The accuracy and precision are computed for both the existing SVM, MLP, RF, DT, and NB, and the results are compared with the proposed DLF-HMA system. The proposed DLF-HMA system with a machine learning model enhances the overall system performance in predicting heart disease. The proposed DLF-HMA system outperforms all other existing models.

The proposed DLF-HMA is designed, the simulation performances are analyzed, and the results are shown in this section. The proposed DLF-HMA with machine learning models enhances the overall system outcomes and thus performs better in all the activities with parameters like energy utilization, network throughput, delay, jitter, precision, and processing time.

## 5. Conclusion and the findings of the proposed system

The delivery of healthcare is a huge undertaking. This studysolely considers the healthcare demands of heart sufferers. It proposes a brand-new HealthFog deep learning and IoT-enabled smart health service for the automated detection of heart disorders. Highly accurate machine learning systems need much computational power during training and prediction. This study enabled complicated machine learning systems to be integrated into Edge computing models, resulting in high precision and extremely low delays through cutting-edge model dissemination and transmission methods like incorporating. Implementing a functioning system that produces prediction findings in real and training neural models on well-known databases was also verified to study real-life cardiac patient information. The study assessed the effectiveness of the suggested system in terms of energy usage, communication bandwidth, delay, jitter, training correctness, testing correctness, and processing time using the FogBus platform to verify HealthFog in a fog processing context. The featured synthesis technique combines the generated characteristics from sensing devices with digitally recorded medical data to provide usable health information. Secondly, the data gain strategy reduces the computational burden and boosts system effectiveness by eliminating unnecessary and redundant features and selecting the most important ones. After that, the collective machine learning system is taught to anticipate and identify a cardiac illness. By utilizing IoT gadgets, DLF-HMA offers



healthcare as a fog service and efficiently manages user requests for health data for heart disease patients.

Future research will use data mining methods to create a more precise database for heart disease diagnostics, improving the effectiveness of feature fusion. Additionally, unique dimension-reduction techniques will be developed to manage massive feature counts and quantities of medical information. To attain effective results, a more advanced strategy will be explored for eliminating unimportant characteristics and controlling missing data and noise.

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